

Wellbeing Team

Oakfield recognise and understand the importance of learners having a voice when it comes to their wellbeing. Learners have been part of a democratic process to be the leaders on this team. Learners voted for on this team, will take part in training to recognise the impact they can have on all learner's wellbeing across the school. The learner wellbeing team is made up of representatives from all the key stages, who advocate on behalf of other learners. They aim to facilitate wellness activities, increase awareness and to promote long-term healthy behaviours. The wellbeing team plans to form key relationships with national organisations and build links with our local community. The wellbeing team also get the opportunity to attend external health promotional events.

Global Goals for Health and Well-Being at Oakfield



3 Good health and well-being

Ensure good health and well-being for all ages.

The new goal for worldwide Good Health promotes healthy lifestyles, preventive measures and modern, efficient healthcare for everyone.

Aims

- Find a Goal 3 charity we can work with to help and support. Any donation, big or small, can make a difference
- Help promote positive well-being throughout school/ well-being
- Liase with peer mentors and student council/ learner voice or survey on how we can improve well being across our school.



Oakfield

HIGH SCHOOL & COLLEGE