

Aim:

At Oakfield, we believe that PSHE helps young people embrace change, feel positive about who they are and enjoy healthy, safe, responsible and fulfilled lives. Through active learning opportunities students recognise and manage risk, take increasing responsibility for themselves, their choices and behaviours and make positive contributions to their families, schools and communities. As students learn to recognise, develop and communicate their qualities, skills and attitudes, they build knowledge, confidence and self-esteem and make the most of their abilities. As they explore similarities and differences between people and discuss social and moral dilemmas, they learn to deal with challenges and accommodate diversity in all its forms.

The world is full of complex and sometimes conflicting values. PSHE helps students explore this complexity and reflect on and clarify their own values and attitudes. They identify and articulate feelings and emotions; learn to manage new or difficult situations positively and form and maintain effective relationships with a wide range of people.

Objective:

To give students the knowledge and develop their self-esteem, confidence and self-awareness to make informed choices and decisions to;

- encourage and support the development of social skills and social awareness;
- enable students to make sense of their own personal and social experiences;
- promote responsible attitudes towards the maintenance of good physical and mental health, supported by a safe and healthy lifestyle;
- enable effective interpersonal relationships and develop a caring attitude towards others;
- encourage a caring attitude towards and responsibility for the environment;
- help our learners understand and manage their feelings;
- understand how society works and the rights and responsibilities involved.

Key Stage 3

Knowledge, Skills and Understanding

Each learner is set an aspirational pathway and challenging targets are introduced through a range of practical activities that promote a healthy lifestyle.

- **Promoting positive Mental Health** - Developing self-awareness and Self-esteem/Developing Social and Emotional communication skills
- **Developing a Healthy Lifestyle** – Drug Awareness/Healthy Relationships/Child Sexual Exploitation/Sex and Relationship Education/FGM/ First Aid/life skills/Social Media/Peer Pressure
- **Where to seek support or advice**

Key Stage 4

Knowledge, Skills and Understanding

Learners work through accredited courses and are encouraged to participate in discussion, investigation and problem-solving activities to promote a healthy lifestyle. Including:

- **Managing risks** – Sex and Relationships/Unhealthy relationships/Child Sexual Exploitation/Sexting/FGM/Honour Based Violence/Alcohol and Drug Abuse/Cosmetic Surgery
- **Positive Mental Health** – Developing resilience/Social Media/Peer Pressure
- **Life Skills** – Parenting Skills/Personal Safety/Respecting others/Food Hygiene and Safety Qualification/First Aid Qualification/D.I.Y/Responsibilities regarding Prevent/Where to seek advice

Key Stage 5

Knowledge, Skills and Understanding

Students are encouraged to take part in discussion, investigation and problem-solving activities to promote a successful transition to adulthood. Including;

- **Developing Healthy Lifestyle** –effects of Binge Drinking/Spiking and Drug Abuse/Anger Management/Relationship & Sex Education/Law related to indecent images/Marriage or Civil partnership/Forced Marriage/Divorce/Grooming/Honour based violence/First Aid/Body Image/ Healthy Diet/ Exercise/stress/positive Mental Health/Infections
- **Life skills** – Parenting Skills/D.I.Y/Personal Safety/Peer Pressure/Prevent/Where to seek advice
- **Managing Risks** – Travelling/Sun Protection/Independent travel/Social Media/Debt

Monitoring arrangement

The Headteacher and leadership team:

- Will monitor the subject through the Oakfield self-evaluation schedule and monitoring schedule which are reviewed annually.

Governors:

- Will monitor the work of each subject through the Oakfield self-evaluation schedule and monitoring schedule which includes a schedule of Departmental meetings, and Departmental leader reports to governors. This schedule is set annually.

Departmental leader:

- will monitor learners work;
- amend schemes of work based on suitability of use;
- amend and monitor risk assessments for practical lessons
- produce a SES
- attend link meetings

Additional Information (Subject specific) i.e. Risk Assessments, resources

Teaching Sensitive and Controversial Issues

Teachers will take all reasonable, practical steps to ensure that, where political or controversial issues are brought to students' attention, they are offered a balanced presentation or opposing views. Teachers will adopt strategies which seek to avoid bias on their part and will teach learners how to recognise bias and evaluate evidence. If sensitive and controversial issues arise teachers will be sensitive and follow up appropriately including disclosures.

Confidentiality

School staff cannot promise absolute confidentiality if approached by a learner for help. Safe Guarding procedures must be followed when any disclosures are made. If appropriate, staff might inform a third party to support a learner. Unless clearly inappropriate, learners will always be encouraged to talk to their parent/carer. An underlying principle in supporting learners in our school is that all learners are listened to sensitively and objectively. Although the school cannot guarantee confidentiality learners will be informed of national and local help lines, if appropriate, where confidentiality can be maintained.

Homework is set via Show my Homework in line with the homework policy.

External Providers

To promote whole school PSHE; external providers, guest speakers, themed days and weeks are organised to enrich the PSHE curriculum.

Links with other Policies

Safe Guarding Child Protection Policy

Equality and Diversity Policy

Sex and Relationships Policy

Teaching and Learning Policy

Drug Education Policy

Educational Visits Policy

Anti-Smoking Policy

Anti-Bullying Policy

Behaviour Policy

Assessment Policy

Citizenship Policy

Science Policy

Prevent Policy

Marking Policy

Date approved:	
Review Date:	
Signed Executive Headteacher:	